

Executive Function and Self Regulation Skills in Middle School Students

Directions: Hello, my name is Anna Kim of Burleigh Manor Middle School and I am conducting a survey on the Executive function and Self Regulations Skills in Middle School Students. Your responses will help me by contributing to my data and helping me answer my question: How does gender affect the Executive Function and Self Regulation skills of a middle school student? It is okay if you do not know what Executive Function or Self Regulation is. This is an anonymous survey, so your name will not be included in the presenting of my finding. However, it is very important to me and my data that you answer these questions honestly and completely with one answer per question. Thank you very much for taking the time to read these instructions and take my survey.

* Required

1. Have you been diagnosed with either ADD*, ADHD**, or EFD***? *

*attention deficit disorder **attention deficit/hyperactivity disorder ***executive function disorder

Mark only one oval.

- ☐ Yes
- ☐ No

2. If so, which one? *

Mark only one oval.

- ☐ ADD, (attention deficit disorder)
- ☐ ADHD (attention deficit/hyperactivity disorder)
- ☐ EFD (executive function disorder)

3. Which gender are you? *

Mark only one oval.

- ☐ girl
- ☐ boy

4. How important is school to you? *

Mark only one oval.

	1	2	3	4	5	6	7	8	9	10	
not important at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	very important, it means everything

5. In your opinion what are the most important things in your life? *

please choose TWO options

Check all that apply.

- ☐ Video Games
- ☐ School
- ☐ Family
- ☐ Playing with friends
- ☐ Electronics
- ☐ Books
- ☐ Other:

6. What is your weakest point out of the following?*Mark only one oval.*

- ☐ Organizing
- ☐ Prioritizing
- ☐ Time mangement
- ☐ Setting goals
- ☐ Achieving goals
- ☐ Remembering instructions
- ☐ Controlling emotions
- ☐ Making decisions

7. Do you feel that you often get in trouble for your answer above?

Please explain when, why and where

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8. Which gender would you say, has more issues with excersizing control over themselves, boys or girls? (out of most of the students you collaborate with)

Please try to be honest.

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